

LGBT Resources

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Welcoming Visual Cues

Visual cues in your facilities can help foster a welcoming environment for LGBT populations. Without spending a dime, you can create a welcoming 8" x 11" sign with a computer and color printer. Simply type the message "Hate-free zone" or "LGBT-friendly" in rainbow colors.

Posters:

Beautiful, full-color "Family Values" poster featuring LGBT families. Free for schools and non-profit institutions (shipping and handling charges apply): www.ourfamily.org

LGBT-inclusive health care environments: www.glbthealth.org

LGBT 101 Poster:

<http://glma.org/index.cfm?fuseaction=document.showDocumentByID&DocumentID=154&d:\CFusionMX7\verity\Data\dummy.txt>

Marriage Equality Poster:

<http://glma.org/index.cfm?fuseaction=document.showDocumentByID&DocumentID=147&d:\CFusionMX7\verity\Data\dummy.txt>

Rainbow Flags:

There are many web sites that sell rainbow flags. Here are a few:

Hippie Shop

<http://www.hippieshop.com/cgi-bin/gold/category.cgi?item=9184&source=google&kw=GoogleBase2232010>

Flag Discounter

<http://www.flagdiscounter.com/product/rainbow-flag>

Unflags.com

<http://www.unflags.com/raingaypridf.html>

Express Flags

http://www.expressflags.com/rainbow_flags.htm?gclid=CKi8zMn9vaACFQ8bawodlV0FTg

United States Flag Store

<http://www.united-states-flag.com/rainbowflag.html?productid=rainbowflag&channelid=FROOG>

Rainbow Flag Stickers:

<http://www.the-homo-depot.com/catalog/STrain1.HTM>

<http://www.usflags.com/products/Rainbow-Flag-Decal-Sticker.asp>

http://www.stickergiant.com/pride-rainbow-flag_aad742.html

LGBT Equality Stickers: www.hrc.org

Brochures:

There are many, many brochures on LGBT health concerns that organizations can place in the waiting area. Here are a few:

Brochures targeting LGBT youth. Titles include “I Think I Might Be Bisexual, Now What Do I Do?” “I Think I Might Be Gay, Now What Do I Do?” “I Think I Might Be Lesbian, Now What Do I Do?” “Transgender: Understanding Gender Differences”

<http://www.safeschoolscoalition.org/RG-brochures.html>

Cancer fact sheets and brochures targeting LGBT populations

<http://www.glbthealth.org/AmericanCancerSocietyMaterials.htm>

Transgender health brochures

<http://transhealth.vch.ca/resources/careguidelines.html>

LGBT Community Centers

For comprehensive information about LGBT Community Centers nationwide and around the world, go to Centerlink, The Community of LGBT Centers at www.lgbtcenters.org. The following is a selected list of LGBT Community Centers in the San Francisco Bay Area and Northern California.

San Francisco LGBT Community Center

1800 Market Street

San Francisco, CA 94102

Main: (415) 865-5555

Information & Referral: (415) 865-5564

Fax: (415) 865-5501

www.sfcenter.org

info@sfcenter.org

The Center has active partnerships with over 70 organizations and programming that focuses on Economic Development; Health and Wellness; Children, Youth and Family; Community and Policy Initiatives; and Arts and Culture. Services include free public computer and Internet access.

Pacific Center for Human Growth

2712 Telegraph Avenue

Berkeley, CA 94705

Main: 510-548-8283 ext. 213

Fax: 510-548-2938

Switchboard: 510-548-8283

www.pacificcenter.org
info@pacificcenter.org

The Pacific Center is the third-oldest LGBT Center in the U.S., and the only mental health clinic for low income and uninsured people in Alameda County. Pacific Center offers licensed individual, couples and family mental health services, HIV counseling services, peer-support groups, and a vibrant youth leadership program.

Lighthouse Community Center

Main Address:

1217 A Street
Hayward, CA 94561

Mailing Address:

P.O. Box 447
Hayward, CA 94543

Main: 510-881-8167

Fax: 510-881-8173

www.lgbtlighthouse.com

Lighthouse Community Center serves southern Alameda County as a resource center and catalyst for community building. Services include Bullytip Hotline, education, support, and social activities in a substance-free environment.

Rainbow Community Center

3024 Willow Pass Rd., Suite 200
Concord, CA 94519-2588

Main: 925-692-0090

Fax: 925-692-0091

www.rainbowcc.org

rcc@rainbowcc.org

Rainbow Community Center serves LGBT people in Contra Costa County. Services include support groups, social events, HIV testing, and a food bank.

Billy De Frank Community Center

938 The Alameda
San Jose, CA 95126

Main: 408-293-3040

Fax: 408-298-8986

Helpline: 408-293-2429

www.defrank.org

The Billy DeFrank Community Center promotes health, strength, diversity, and inclusiveness through support groups, social events, forums, information, and resources.

Solano Pride Center

1125 Missouri Street
Suite 203-D
Fairfield, CA 94533
Main: 707-427-2356
Fax: 707-427-1740

www.solanopride.org
solanopridecntr@aol.com

The Solano Pride Center provides social groups, support groups, education, information, and referrals.

Sacramento Gay and Lesbian Center
1927 L Street

Sacramento, CA 95814
Main: 916-442-0185 ext. 109
Fax: 916-325-1840

www.saccenter.org
director@saccenter.org

The Sacramento Gay and Lesbian Center provides discussion groups, social events, legal services, counseling, HIV/AIDS services, education, advocacy, and other activities for the Sacramento LGBT community.

Stanislaus Pride Center

Main Address:
201 Needham Street
Modesto, CA 95354
Mailing Address:
P. O. Box 1850
Modesto, CA 95353
Main: 209-338-0855
Fax: 209-338-0852

www.stanpride.org
info@stanpride.org

Stanislaus Pride Center provides resources to strengthen the LGBT community in Stanislaus and surrounding counties. Services include counseling, support groups, education and training, information, and resources.

LGBT Health Centers

For information about LGBT Health Centers nationwide, go to the National Coalition for LGBT Health at <http://www.lgbthealth.net/resources1.shtml#3>.

Lyon-Martin Health Services
1748 Market Street, Suite 201
San Francisco, CA 94102

Main: 415-565-7667

Fax: 415-252-7512

www.lyon-martin.org

info@lyon-martin.org

Lyon-Martin provides personalized healthcare and support services to women and transgender people who lack access to quality care because of their sexual or gender identity, regardless of their ability to pay.

Los Angeles Gay and Lesbian Center

1625 N. Schrader Boulevard

Los Angeles, CA 90028-6213

Main: 323-993-7400

www.laglc.net

The L. A. Gay and Lesbian Center provides services in four buildings. Services include low-cost healthcare services, including mental health, HIV/STD testing and prevention, and transgender care, as well as legal and educational services for seniors, families, and youth, and transitional housing for homeless youth.

Mautner Project

1875 Connecticut Ave. N.W. #710

Washington, DC 2009

Main: 202-332-5536

Toll Free: 1-866-MAUTNER (628-8637)

Fax: 202-332-0662

www.mautnerproject.org

Mautner Project is a national lesbian health organization that is committed to improving the health of women who partner with women including lesbian, bisexual and transgender individuals, through direct and support service, education, and advocacy.

Information & Support

Avert • <http://www.avert.org/gay-lesbian.htm>

Avert is an international AIDS charity with resources for people who are lesbian, gay, bisexual, or unsure. Titles include, "Am I gay? Are you born gay? Can you stop being gay?"

FTM International • www.ftmi.org

Founded in 1986, FTM International is the largest and longest running female-to-male organization in the world, active in all 50 states, all Canadian provinces, and 18 countries.

GayScape • www.gayscape.com

Information and resources for and about the gay and lesbian community worldwide, including businesses, services, and hot spots.

Gay Straight Alliance Network • www.gsanetwork.org

A Gay-Straight Alliance (GSA) is a student-run club in a high school or middle school that brings together lesbian, gay, bisexual, transgender and questioning (LGBTQ) and ally students to support each other, provide a safe place to socialize, and create a platform for activism to fight homophobia and transphobia. GSA Network is transforming schools, providing leadership and activist training for youth, changing laws and policies in California, and building a national GSA movement.

Gender Education and Advocacy • www.gender.org

GEA is a national organization focused on the needs, issues, and concerns of gender variant people.

Gender Spectrum Education & Training • www.genderspectrum.org

Gender Spectrum provides education, resources, and training to help create a more gender-sensitive and supportive environment for all people, including gender variant and transgender youth. Gender Spectrum presents two national conferences, the Gender Spectrum Family Conference and Gender Odyssey Conference, as well as periodic trainings for health care providers.

Genderqueer Revolution • www.genderqueerreolution.org

A national organization dedicated to empowering people of all genders and helping people to embrace the gift of gender in their own lives and in the lives of others.

GenderTalk • www.gendertalk.com

Gendertalk.com is a resource for transgender people and those interested in learning about transgender issues.

GLBTQ • www.glbtq.com

This is an online encyclopedia of gay, lesbian, bisexual, transgender, and queer culture.

Intersex Society of North America • www.isna.org

This archived website includes resources and information to help end shame, secrecy, and unwanted genital surgeries for people born with anatomy that is not considered standard for male or female.

Our Family Coalition • www.ourfamily.org

Our Family Coalition promotes the civil rights and well-being of Bay Area lesbian, gay, bisexual, transgender and queer (LGBTQ) families with children and prospective parents through education, advocacy, social networking and grassroots community organizing.

Parents, Families, and Friends of Lesbians and Gays • www.pflag.org

Parents, Families and Friends of Lesbians and Gays (PFLAG) is a national non-profit organization with over 200,000 members and supporters and over 500 affiliates in the United States. PFLAG provides opportunity for dialogue about sexual orientation and gender identity, and acts to create a society that is healthy and respectful of human diversity.

Queer Resource Directory • www.grd.org

The Queer Resource Directory has over 25,000 files on queer culture, history, politics, and other topics.

Health Issues

For more information on national LGBT health organizations, go to <http://www.hrc.org/issues/8310.htm>.

American Medical Association • www.ama-assn.org

The mission of the AMA is to promote the art and science of medicine and the betterment of public health. The AMA is supportive of LGBT concerns, including releasing a statement encouraging health insurance companies to end exclusions for transition-related care for transgender people.

American Psychological Association • www.apa.org

The APA LGBT Concerns Office has produced informative articles. Titles include “Answers to Your Questions about Sexual Orientation and Homosexuality” (<http://www.apa.org/topics/sexuality/orientation.pdf>) and “Answers to Your Questions about Transgender Individuals and Gender Identity” (<http://www.apa.org/topics/sexuality/transgender.aspx>).

Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling • www.algbtic.org

ALGBTIC promotes greater awareness of LGBT issues among members of the counseling profession and related helping occupations.

Disorders of Sexual Development Guidelines • <http://dsdguidelines.org>

Consortium on Disorders of Sex Development's website and home of the Clinical Guidelines and Handbook for Parents, which provide detailed, comprehensive information on intersex conditions, including personal stories and snapshots of people with intersex conditions.

Gay and Lesbian Medical Association • www.glma.org

GLMA is the leading organization committed to ensuring equality in health care for LGBT individuals and health care professionals. Established in 1981, GLMA is a membership organization of multi-disciplinary health care professionals that achieves its goals by using medical expertise in professional education, public policy work, patient education and referrals, and the promotion of research.

GID Reform Advocates • www.gidreform.org

GID Reform Advocates are medical professionals, caregivers, scholars, researchers, students, human rights advocates, and members of the transgender, bisexual, lesbian and gay communities and their allies who advocate reform of the psychiatric classification of gender diversity as a mental disorder.

LGBT-TRISTAR • www.lgbt-tristar.com

LGBT-TRISTAR provides training and technical assistance in order to improve access to and appropriateness of Alcohol and Other Drug prevention, treatment, and recovery services for California's LGBT population. Resources include Best Practices reports on working with LGBT populations.

National Association of Lesbian and Gay Addiction Professionals • www.nalgap.org

NALGAP provides information, training, networking, and advocacy about addiction and related problems, and support for those engaged in the health professions, individuals in recovery, and others concerned about the health of gender and sexual minorities.

National Center of Excellence for Transgender Health • <http://transhealth.ucsf.edu>

The NCoE's mission is to provide leadership, capacity building, professional training, policy advocacy, research development, and resources to increase access to culturally competent health care services for transgender people.

National Coalition for LGBT Health • www.lgbthealth.net

The National Coalition for LGBT Health is committed to improving the health and well-being of lesbian, gay, bisexual and transgender individuals and communities through public education, coalition building, and advocacy that focus on research, policy, education, and training.

Trans Health • www.trans-health.com

The online magazine of health and fitness for transsexual and transgender people.

Trans Youth • www.transyouth.com

Comprehensive resources for transgender adults and youth, as well as for service providers. Includes both national and regional resource lists and best practice guides for health care providers and researchers.

Trevor Project • www.thetrevorproject.org

Trevor Helpline: 866-4-U-TREVOR (866-488-7386)

The Trevor Project is the leading national organization focused on crisis and suicide prevention efforts among lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth. The Trevor Project operates the only accredited, nationwide, around-the-clock crisis and suicide prevention helpline for LGBTQ youth.

World Professional Association for Transgender Health, Inc. • www.wpath.org

As an international multidisciplinary professional association, the mission of WPATH is to promote evidence-based care, education, research, advocacy, public policy and respect in transgender health. WPATH is formerly the Harry Benjamin International Gender Dysphoria Association, and is the author of the *Standards of Care for Gender Identity Disorders*.

Legislative & Policy Advocacy

Equality California • www.eqca.org

EQCA works to achieve equality and secure legal protections for LGBT people in California by sponsoring legislation and coordinating efforts to ensure its passage, lobbying legislators and other policy makers, building coalitions, developing community strength, and empowering individuals and other organizations to engage in the political process.

Lambda Legal Defense • www.lambdalegal.org

Lambda Legal is a national organization committed to achieving full recognition of the civil rights of lesbians, gay men, bisexuals, transgender people and those with HIV through impact litigation, education, and public policy work.

National Center for Lesbian Rights • www.nclrights.org

Founded in 1977, the National Center for Lesbian Rights is a national legal organization committed to advancing the civil and human rights of lesbian, gay, bisexual, and transgender people and their families through litigation, public policy advocacy, and public education.

National Center for Transgender Equality • www.transequality.org

NCTE is a national social justice organization devoted to ending discrimination and violence against transgender people through education and advocacy on national issues of importance to transgender people.

National Gay and Lesbian Task Force • www.thetaskforce.org

NGLTF builds the grassroots power of the LGBT community by training activists, equipping state and local organizations with the skills needed to organize broad-based campaigns to defeat anti-LGBT referenda and advance pro-LGBT legislation, and building the organizational capacity of the LGBT movement.

Out and Equal • www.outandequal.org

Out & Equal Workplace Advocates is the largest and most effective national, non-profit organization dedicated to achieving workplace equality for LGBT employees and professionals. Out and Equal works to achieve employment protections, provide LGBT diversity education, educate and empower organizations, and organize community network and engagement activities.

Sylvia Rivera Law Project • www.srlp.org

Founded on the understanding that gender self-determination is inextricably intertwined with racial, social, and economic justice, SRLP works to improve access to respectful and affirming social, health, and legal services for transgender communities.

Transgender, Gender Variant, and Intersex Justice Project • www.tgijp.org

TGIJP's mission is to challenge and end the human rights abuses committed against transgender, gender variant, genderqueer, and people with intersex conditions in California prisons and beyond.

Transgender Law and Policy Institute • www.transgenderlaw.org

TLPI brings experts and advocates together to work on law and policy initiatives designed to advance transgender equality.

Transgender Law Center • www.transgenderlawcenter.org

TLC is a California-based civil rights organization advocating for transgender communities. TLC uses direct services, education, community organizing, and advocacy to transform California into a state that recognizes and supports the needs of transgender people and their families.

Books & Articles

Association for Lesbian, Gay, Bisexual, and Transgender Issues in Counseling. *Competencies for counseling lesbian, gay, bisexual, and transgendered (LGBT) clients.*

<http://www.algbtic.org/resources/competencies.html>

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